

JUN	HIGH TIDE				LOW TIDE				SUN		MOON	
	AM	PM	PM	Ft	AM	PM	PM	Ft	Rise	Set		
1	Fri	01:04	10.9	01:40	9.9	07:04	0.1	07:13	1.4	4:52	8:10	☾
2	Sat	01:43	10.7	02:20	9.7	07:43	0.4	07:53	1.6	4:51	8:11	☾
3	Sun	02:24	10.4	03:02	9.5	08:23	0.6	08:36	1.8	4:51	8:12	☾
4	Mon	03:07	10.1	03:45	9.4	09:05	0.8	09:21	1.9	4:50	8:12	☾
5	Tue	03:52	9.9	04:31	9.4	09:50	1.0	10:10	2.0	4:50	8:13	☾
6	Wed	04:41	9.7	05:20	9.4	10:36	1.1	11:01	1.9	4:50	8:14	☾
7	Thu	05:33	9.5	06:10	9.7	11:25	1.1	11:55	1.6	4:49	8:15	☾
8	Fri	06:28	9.5	07:00	10.0			12:16	1.0	4:49	8:15	☾
9	Sat	07:23	9.7	07:50	10.5	12:50	1.2	01:07	0.9	4:49	8:16	☾
10	Sun	08:18	10.0	08:40	11.1	01:44	0.7	01:58	0.7	4:49	8:16	☾
11	Mon	09:11	10.3	09:29	11.7	02:36	0.1	02:48	0.4	4:49	8:17	☾
12	Tue	10:03	10.7	10:18	12.2	03:27	-0.5	03:39	0.1	4:48	8:17	☾
13	Wed	10:55	11.0	11:08	12.6	04:18	-1.1	04:29	-0.1	4:48	8:18	☾
14	Thu	11:46	11.3	11:59	12.8	05:09	-1.4	05:21	-0.2	4:48	8:18	☾
15	Fri		12:39	11.4	06:01	-1.6	06:15	-0.2		4:48	8:19	☾
16	Sat	12:52	12.8	01:33	11.4	06:54	-1.6	07:11	-0.1	4:48	8:19	☾
17	Sun	01:47	12.5	02:30	11.3	07:50	-1.4	08:09	0.0	4:49	8:19	☾
18	Mon	02:45	12.2	03:28	11.2	08:46	-1.1	09:10	0.2	4:49	8:20	☾
19	Tue	03:45	11.7	04:28	11.0	09:45	-0.7	10:13	0.4	4:49	8:20	☾
20	Wed	04:48	11.1	05:29	10.9	10:45	-0.3	11:17	0.5	4:49	8:20	☾
21	Thu	05:53	10.7	06:29	10.9	11:45	0.1			4:49	8:20	☾
22	Fri	06:57	10.3	07:28	10.9	12:21	0.5	12:44	0.4	4:50	8:21	☾
23	Sat	07:58	10.1	08:23	11.0	01:22	0.4	01:41	0.6	4:50	8:21	☾
24	Sun	08:55	10.0	09:13	11.1	02:19	0.2	02:34	0.7	4:50	8:21	☾
25	Mon	09:47	10.0	10:00	11.1	03:12	0.1	03:23	0.9	4:51	8:21	☾
26	Tue	10:35	10.0	10:43	11.1	03:59	-0.0	04:08	1.0	4:51	8:21	☾
27	Wed	11:18	10.0	11:24	11.1	04:43	-0.0	04:51	1.1	4:51	8:21	☾
28	Thu	11:58	9.9			05:23	0.0	05:31	1.2	4:52	8:21	☾
29	Fri	12:02	11.0	12:37	9.9	06:02	0.1	06:09	1.3	4:52	8:21	☾
30	Sat	12:40	10.9	01:15	9.8	06:39	0.2	06:47	1.4	4:53	8:21	☾
Tide predictions courtesy of the NOAA Center for Operational Oceanographic Products and Services												

JUL	HIGH TIDE				LOW TIDE				SUN		MOON	
	AM	PM	PM	Ft	AM	PM	PM	Ft	Rise	Set		
1	Sun	01:18	10.7	01:52	9.8	07:16	0.4	07:26	1.5	4:53	8:20	☾
2	Mon	01:56	10.5	02:31	9.7	07:54	0.5	08:05	1.6	4:54	8:20	☾
3	Tue	02:36	10.3	03:10	9.7	08:32	0.6	08:47	1.6	4:55	8:20	☾
4	Wed	03:18	10.1	03:52	9.8	09:12	0.7	09:31	1.6	4:55	8:20	☾
5	Thu	04:03	9.9	04:36	9.9	09:54	0.8	10:20	1.5	4:56	8:19	☾
6	Fri	04:52	9.8	05:24	10.1	10:40	0.9	11:13	1.3	4:57	8:19	☾
7	Sat	05:45	9.7	06:15	10.4	11:30	0.9			4:57	8:19	☾
8	Sun	06:43	9.7	07:09	10.8	12:09	0.9	12:24	0.8	4:58	8:18	☾
9	Mon	07:42	9.9	08:04	11.3	01:06	0.5	01:20	0.7	4:59	8:18	☾
10	Tue	08:41	10.2	08:59	11.8	02:04	-0.1	02:16	0.4	5:00	8:17	☾
11	Wed	09:38	10.6	09:54	12.3	03:01	-0.6	03:13	0.1	5:01	8:17	☾
12	Thu	10:33	11.0	10:48	12.7	03:56	-1.1	04:08	-0.1	5:01	8:16	☾
13	Fri	11:28	11.3	11:43	12.9	04:51	-1.5	05:04	-0.4	5:02	8:15	☾
14	Sat		12:22	11:16		05:44	-1.7	06:00	-0.5	5:03	8:15	☾
15	Sun	12:37	12.9	01:16	11.7	06:38	-1.5	07:06	-0.5	5:04	8:14	☾
16	Mon	01:33	12.7	02:11	11.6	07:32	-1.5	07:53	-0.3	5:05	8:13	☾
17	Tue	02:29	12.2	03:07	11.5	08:27	-1.2	08:52	-0.1	5:06	8:12	☾
18	Wed	03:27	11.7	04:04	11.3	09:23	-0.7	09:52	0.1	5:07	8:12	☾
19	Thu	04:27	11.1	05:02	11.1	10:19	-0.2	10:54	0.3	5:08	8:11	☾
20	Fri	05:29	10.5	06:00	10.9	11:17	0.3	11:56	0.5	5:09	8:10	☾
21	Sat	06:31	10.0	06:58	10.7			12:15	0.7	5:10	8:09	☾
22	Sun	07:33	9.7	07:54	10.7	12:56	0.6	01:12	1.0	5:11	8:08	☾
23	Mon	08:31	9.6	08:47	10.7	01:54	0.5	02:07	1.2	5:12	8:07	☾
24	Tue	09:23	9.6	09:35	10.7	02:47	0.4	02:58	1.3	5:13	8:06	☾
25	Wed	10:11	9.6	10:20	10.8	03:35	0.3	03:44	1.2	5:14	8:05	☾
26	Thu	10:54	9.7	11:01	10.8	04:19	0.3	04:27	1.2	5:15	8:04	☾
27	Fri	11:34	9.8	11:39	10.9	04:59	0.2	05:07	1.2	5:16	8:03	☾
28	Sat		12:11	9.9		05:37	0.2	05:45	1.2	5:17	8:02	☾
29	Sun	12:16	10.8	12:47	9.9	06:13	0.3	06:21	1.2	5:18	8:01	☾
30	Mon	12:53	10.8	01:22	10.0	06:48	0.3	06:58	1.2	5:19	7:59	☾
31	Tue	01:29	10.7	01:58	10.1	07:22	0.4	07:35	1.2	5:20	7:58	☾

AUG	HIGH TIDE				LOW TIDE				SUN		MOON	
	AM	PM	PM	Ft	AM	PM	PM	Ft	Rise	Set		
1	Wed	02:06	10.5	02:35	10.1	07:58	0.5	08:14	1.2	5:21	7:57	☾
2	Thu	02:46	10.3	03:14	10.2	08:36	0.6	08:57	1.1	5:22	7:56	☾
3	Fri	03:29	10.1	03:57	10.3	09:17	0.7	09:45	1.0	5:24	7:54	☾
4	Sat	04:18	9.9	04:45	10.5	10:03	0.8	10:38	0.9	5:25	7:53	☾
5	Sun	05:12	9.8	05:38	10.6	10:54	0.9	11:36	0.7	5:26	7:52	☾
6	Mon	06:11	9.7	06:36	10.9	11:51	0.9			5:27	7:50	☾
7	Tue	07:14	9.8	07:37	11.3	12:37	0.3	12:52	0.8	5:28	7:49	☾
8	Wed	08:17	10.1	08:37	11.8	01:40	-0.1	01:54	0.5	5:29	7:48	☾
9	Thu	09:18	10.5	09:36	12.2	02:40	-0.6	02:55	0.1	5:30	7:46	☾
10	Fri	10:16	11.0	10:33	12.6	03:38	-1.1	03:53	-0.3	5:32	7:45	☾
11	Sat	11:11	11.4	11:28	12.8	04:34	-1.5	04:49	-0.6	5:33	7:43	☾
12	Sun		12:04	11.8		05:27	-1.7	05:44	-0.8	5:34	7:42	☾
13	Mon	12:22	12.8	12:56	11.9	06:19	-1.6	06:39	-0.8	5:35	7:40	☾
14	Tue	01:16	12.6	01:48	11.9	07:11	-1.4	07:34	-0.7	5:36	7:39	☾
15	Wed	02:10	12.1	02:41	11.7	08:03	-1.0	08:29	-0.4	5:37	7:37	☾
16	Thu	03:05	11.5	03:34	11.4	08:55	-0.4	09:26	-0.0	5:38	7:36	☾
17	Fri	04:02	10.8	04:29	11.0	09:49	0.2	10:24	0.3	5:40	7:34	☾
18	Sat	05:01	10.1	05:26	10.6	10:45	0.8	11:24	0.6	5:41	7:32	☾
19	Sun	06:02	9.6	06:24	10.3	11:43	1.2			5:42	7:31	☾
20	Mon	07:03	9.3	07:22	10.2	12:25	0.8	12:41	1.5	5:43	7:29	☾
21	Tue	08:01	9.2	08:17	10.2	01:23	0.9	01:38	1.6	5:44	7:28	☾
22	Wed	08:55	9.3	09:07	10.3	02:17	0.8	02:30	1.5	5:45	7:26	☾
23	Thu	09:43	9.4	09:53	10.5	03:06	0.6	03:17	1.3	5:46	7:24	☾
24	Fri	10:26	9.7	10:35	10.7	03:50	0.5	04:01	1.1	5:48	7:22	☾
25	Sat	11:05	9.9	11:14	10.8	04:30	0.3	04:40	1.0	5:49	7:21	☾
26	Sun	11:41	10.1	11:50	10.9	05:07	0.2	05:18	0.9	5:50	7:19	☾
27	Mon		12:15	10.2		05:42	0.2	05:53	0.8	5:51	7:17	☾
28	Tue	12:26	10.8	12:49	10.4	06:16	0.2	06:29	0.7	5:52	7:16	☾
29	Wed	01:01	10.8	01:24	10.5	06:50	0.3	07:06	0.7	5:53	7:14	☾
30	Thu	01:38	10.7	02:00	10.6	07:25	0.3	07:45	0.6	5:55	7:12	☾
31	Fri	02:18	10.5	02:40	10.7	08:03	0.5	08:28	0.6	5:56	7:10	☾

JUN	HIGH TIDE				LOW TIDE				SUN		MOON	
	AM	PM	PM	Ft	AM	PM	PM	Ft	Rise	Set		
1	Fri	01:04	10.9	01:40	9.9	07:04	0.1	07:13	1.4	4:52	8:10	☾
2	Sat	01:43	10.7	02:20	9.7	07:43	0.4	07:53	1.6	4:51	8:11	☾
3	Sun	02:24	10.4	03:02	9.5	08:23	0.6	08:36	1.8	4:51	8:12	☾
4	Mon	03:07	10.1	03:45	9.4	09:05	0.8	09:21	1.9	4:50	8:12	☾
5	Tue	03:52	9.9	04:31	9.4	09:50	1.0	10:10	2.0	4:50	8:13	☾
6	Wed	04:41	9.7	05:20	9.4	10:36	1.1	11:01	1.9	4:50	8:14	☾
7	Thu	05:33	9.5	06:10	9.7	11:25	1.1	11:55	1.6	4:49	8:15	☾
8	Fri	06:28	9.5	07:00	10.0			12:16	1.0	4:49	8:15	☾
9	Sat	07:23	9.7	07:50	10.5	12:50	1.2	01:07	0.9	4:49	8:16	☾
10	Sun	08:18	10.0	08:40	11.1	01:44	0.7	01:58	0.7	4:49	8:16	☾
11	Mon	09:11	10.3	09:29	11.7	02:36	0.1	02:48	0.4	4:49	8:17	☾
12	Tue	10:03	10.7	10:18	12.2	03:27	-0.5	03:39	0.1	4:48	8:17	☾
13	Wed	10:55	11.0	11:08	12.6	04:18	-1.1	04:29	-0.1	4:48	8:18	☾
14	Thu	11:46	11.3	11:59	12.8	05:09	-1.4	05:21	-0.2	4:48	8:18	☾
15	Fri	12:31	12:59	12.4	06:01	1.6	06:15	-0.2		4:48	8:19	☾
16	Sat	12:52	12.8	01:33	11.4	06:54	-1.6	07:11	-0.1	4:48	8:19	☾
17	Sun	01:47	12.5	02:30	11.3	07:50	-1.4	08:09	0.0	4:49	8:19	☾
18	Mon	02:45	12.2	03:28	11.2	08:46	-1.1	09:10	0.2	4:49	8:20	☾
19	Tue	03:45	11.7	04:28	11.0	09:45	-0.7	10:13	0.4	4:49	8:20	☾
20	Wed	04:48	11.1	05:29	10.9	10:45	-0.3	11:17	0.5	4:49	8:20	☾
21	Thu	05:53	10.7	06:28	10.9	11:45	0.1			4:49	8:20	☾
22	Fri	06:57	10.3	07:09	10.9	12:21	0.5	12:44	0.4	4:50	8:21	☾
23	Sat	07:58	10.1	08:23	11.0	01:22	0.4	01:41	0.6	4:50	8:21	☾
24	Sun	08:55	10.0	09:13	11.1	02:19	0.2	02:34	0.7	4:50	8:21	☾
25	Mon	09:47	10.0	10:00	11.1	03:12	0.1	03:23	0.9	4:51	8:21	☾
26	Tue	10:35	10.0	10:43	11.1	03:59	-0.0	04:08	1.0	4:51	8:21	☾
27	Wed	11:18	10.0	11:24	11.1	04:43	-0.0	04:51	1.1	4:51	8:21	☾
28	Thu	11:58	9.9			05:23	0.0	05:31	1.2	4:52	8:21	☾
29	Fri	12:02	11.0	12:27	9.9	06:02	0.1	06:09	1.3	4:52	8:21	☾
30	Sat	12:40	10.9	01:15	9.8	06:39	0.2	06:47	1.4	4:53	8:21	☾
Tide predictions courtesy of the NOAA Center for Operational Oceanographic Products and Services												

JUL	HIGH TIDE				LOW TIDE				SUN		MOON	
	AM	PM	PM	Ft	AM	PM	PM	Ft	Rise	Set		
1	Sun	01:18	10.7	01:52	9.8	07:16	0.4	07:26	1.5	4:53	8:20	☾
2	Mon	01:56	10.5	02:31	9.7	07:54	0.5	08:05	1.6	4:54	8:20	☾
3	Tue	02:36	10.3	03:10	9.7	08:32	0.6	08:47	1.6	4:55	8:20	☾
4	Wed	03:18	10.1	03:52	9.8	09:12	0.7	09:31	1.6	4:55	8:20	☾
5	Thu	04:03	9.9	04:36	9.9	09:54	0.8	10:20	1.5	4:56	8:19	☾
6	Fri	04:52	9.8	05:24	10.1	10:40	0.9	11:13	1.3	4:57	8:19	☾
7	Sat	05:45	9.7	06:15	10.4	11:30	0.9			4:57	8:19	☾
8	Sun	06:43	9.7	07:09	10.8	12:09	0.9	12:24	0.8	4:58	8:18	☾
9	Mon	07:42	9.9	08:04	11.3	01:06	0.5	01:20	0.7	4:59	8:18	☾
10	Tue	08:41	10.2	08:59	11.8	02:04	-0.1	02:16	0.4	5:00	8:17	☾
11	Wed	09:38	10.6	09:54	12.3	03:01	-0.6	03:13	0.1	5:01	8:17	☾
12	Thu	10:33	11.0	10:48	12.7	03:56	-1.1	04:08	-0.1	5:01	8:16	☾
13	Fri	11:28	11.3	11:43	12.9	04:51	-1.5	05:04	-0.4	5:02	8:15	☾
14	Sat		12:22	11.6	05:44	-1.7	06:00	-0.5		5:03	8:15	☾
15	Sun	12:37	12.9	01:16	11.7	06:38	-1.7	06:56	-0.5	5:04	8:14	☾
16	Mon	01:33	12.7	02:11	11.6	07:32	-1.5	07:53	-0.3	5:05	8:13	☾
17	Tue	02:29	12.2	03:07	11.5	08:27	-1.2	08:52	-0.1	5:06	8:12	☾
18	Wed	03:27	11.7	04:04	11.3	09:23	-0.7	09:52	0.1	5:07	8:12	☾
19	Thu	04:27	11.1	05:02	11.1	10:19	-0.2	10:54	0.3	5:08	8:11	☾
20	Fri	05:29	10.5	06:00	10.9	11:17	0.3	11:56	0.5	5:09	8:10	☾
21	Sat	06:31	10.0	06:58	10.7			12:15	0.7	5:10	8:09	☾
22	Sun	07:33	9.7	07:54	10.7	12:56	0.6	01:12	1.0	5:11	8:08	☾
23	Mon	08:31	9.6	08:47	10.7	01:54	0.5	02:07	1.2	5:12	8:07	☾
24	Tue	09:23	9.6	09:35	10.7	02:47	0.4	02:58	1.3	5:13	8:06	☾
25	Wed	10:11	9.6	10:20	10.8	03:35	0.3	03:44	1.2	5:14	8:05	☾
26	Thu	10:54	9.7	11:01	10.8	04:19	0.3	04:27	1.2	5:15	8:04	☾
27	Fri	11:34	9.8	11:39	10.9	04:59	0.2	05:07	1.2	5:16	8:03	☾
28	Sat		12:11	9.9	05:37	0.2	05:45	1.2		5:17	8:02	☾
29	Sun	12:16	10.8	12:47	9.9	06:13	0.3	06:21	1.2	5:18	8:01	☾
30	Mon	12:53	10.8	01:22	10.0	06:48	0.3	06:58	1.2	5:19	7:59	☾
31	Tue	01:29	10.7	01:58	10.1	07:22	0.4	07:35	1.2	5:20	7:58	☾

AUG	HIGH TIDE				LOW TIDE				SUN		MOON	
	AM	PM	PM	Ft	AM	PM	PM	Ft	Rise	Set		
1	Wed	02:06	10.5	02:35	10.1	07:58	0.5	08:14	1.2	5:21	7:57	☾
2	Thu	02:46	10.3	03:14	10.2	08:36	0.6	08:57	1.1	5:22	7:56	☾
3	Fri	03:29	10.1	03:57	10.3	09:17	0.7	09:45	1.0	5:24	7:54	☾
4	Sat	04:18	9.9	04:45	10.5	10:03	0.8	10:38	0.9	5:25	7:53	☾
5	Sun	05:12	9.8	05:38	10.6	10:54	0.9	11:36	0.7	5:26	7:52	☾
6	Mon	06:11	9.7	06:36	10.9	11:51	0.9			5:27	7:50	☾
7	Tue	07:14	9.8	07:37	11.3	12:37	0.3	12:52	0.8	5:28	7:49	☾
8	Wed	08:17	10.1	08:37	11.8	01:40	-0.1	01:54	0.5	5:29	7:48	☾
9	Thu	09:18	10.5	09:36	12.2	02:40	-0.6	02:55	0.1	5:30	7:46	☾
10	Fri	10:16	11.0	10:33	12.6	03:38	-1.1	03:53	-0.3	5:32	7:45	☾
11	Sat	11:11	11.4	11:28	12.8	04:34	-1.5	04:49	-0.6	5:33	7:43	☾
12	Sun		12:04	11.8	05:27	-1.7	05:44	-0.8		5:34	7:42	☾
13	Mon	12:22	12.8	12:56	11.9	06:19	-1.6	06:39	-0.8	5:35	7:40	☾
14	Tue	01:16	12.6	01:48	11.9	07:11	-1.4	07:34	-0.7	5:36	7:39	☾
15	Wed	02:10	12.1	02:41	11.7	08:03	-1.0	08:29	-0.4	5:37	7:37	☾
16	Thu	03:05	11.5	03:34	11.4	08:55	-0.4	09:26	-0.0	5:38	7:36	☾
17	Fri	04:02	10.8	04:29	11.0	09:49	0.2	10:24	0.3	5:40	7:34	☾
18	Sat	05:01	10.1	05:26	10.6	10:45	0.8	11:24	0.6	5:41	7:32	☾
19	Sun	06:02	9.6	06:24	10.3	11:43	1.2			5:42	7:31	☾
20	Mon	07:03	9.3	07:22	10.2	12:25	0.8	12:41	1.5	5:43	7:29	☾
21	Tue	08:01	9.2	08:17	10.2	01:23	0.9	01:38	1.6	5:44	7:28	☾
22	Wed	08:55	9.3	09:07	10.3	02:17	0.8	02:30	1.5	5:45	7:26	☾
23	Thu	09:43	9.4	09:53	10.5	03:06	0.6	03:17	1.3	5:46	7:24	☾
24	Fri	10:26	9.7	10:35	10.7	03:50	0.5	04:01	1.1	5:48	7:22	☾
25	Sat	11:05	9.9	11:14	10.8	04:30	0.3	04:40	1.0	5:49	7:21	☾
26	Sun	11:41	10.1	11:50	10.9	05:07	0.2	05:18	0.9	5:50	7:19	☾
27	Mon		12:15	10.2	05:42	0.2	05:53	0.8		5:51	7:17	☾
28	Tue	12:26	10.8	12:49	10.4	06:16	0.2	06:29	0.7	5:52	7:16	☾
29	Wed	01:01	10.8	01:24	10.5	06:50	0.3	07:06	0.7	5:53	7:14	☾
30	Thu	01:38	10.7	02:00	10.6	07:25	0.3	07:45	0.6	5:55	7:12	☾
31	Fri	02:18	10.5	02:40	10.7	08:03	0.5	08:28	0.6	5:56	7:10	☾

JUN	HIGH TIDE				LOW TIDE				SUN		MOON	
	AM	Ft	PM	Ft	AM	Ft	PM	Ft	Rise	Set		
1 Fri	01:04	10.9	01:40	9.9	07:04	0.1	07:13	1.4	4:52	8:10		
2 Sat	01:43	10.7	02:20	9.7	07:43	0.4	07:53	1.6	4:51	8:11		
3 Sun	02:24	10.4	03:02	9.5	08:23	0.6	08:36	1.8	4:51	8:12		
4 Mon	03:07	10.1	03:45	9.4	09:05	0.8	09:21	1.9	4:50	8:12		
5 Tue	03:52	9.9	04:31	9.4	09:50	1.0	10:10	2.0	4:50	8:13		
6 Wed	04:41	9.7	05:20	9.4	10:36	1.1	11:01	1.9	4:50	8:14		
7 Thu	05:33	9.5	06:10	9.7	11:25	1.1	11:55	1.6	4:49	8:15		
8 Fri	06:28	9.5	07:00	10.0			12:16	1.0	4:49	8:15		
9 Sat	07:23	9.7	07:50	10.5	12:50	1.2	01:07	0.9	4:49	8:16		
10 Sun	08:18	10.0	08:40	11.1	01:44	0.7	01:58	0.7	4:49	8:16		
11 Mon	09:11	10.3	09:29	11.7	02:36	0.1	02:48	0.4	4:49	8:17		
12 Tue	10:03	10.7	10:18	12.2	03:27	-0.5	03:39	0.1	4:48	8:17		
13 Wed	10:55	11.0	11:08	12.6	04:18	-1.1	04:29	-0.1	4:48	8:18		
14 Thu	11:46	11.3	11:59	12.8	05:09	-1.4	05:21	-0.2	4:48	8:18		
15 Fri	12:31	12:59	12:44	06:01	-1.6	06:15	-0.2		4:48	8:19		
16 Sat	12:52	12.8	01:33	11.4	06:54	-1.6	07:11	-0.1	4:48	8:19		
17 Sun	01:47	12.5	02:30	11.3	07:50	-1.4	08:09	0.0	4:49	8:19		
18 Mon	02:45	12.2	03:28	11.2	08:46	-1.1	09:10	0.2	4:49	8:20		
19 Tue	03:45	11.7	04:28	11.0	09:45	-0.7	10:13	0.4	4:49	8:20		
20 Wed	04:48	11.1	05:29	10.9	10:45	-0.3	11:17	0.5	4:49	8:20		
21 Thu	05:53	10.7	06:28	10.9	11:45	0.1			4:49	8:20		
22 Fri	06:57	10.3	07:29	10.9	12:21	0.5	12:44	0.4	4:50	8:21		
23 Sat	07:58	10.1	08:23	11.0	01:22	0.4	01:41	0.6	4:50	8:21		
24 Sun	08:55	10.0	09:13	11.1	02:19	0.2	02:34	0.7	4:50	8:21		
25 Mon	09:47	10.0	10:00	11.1	03:12	0.1	03:23	0.9	4:51	8:21		
26 Tue	10:35	10.0	10:43	11.1	03:59	-0.0	04:08	1.0	4:51	8:21		
27 Wed	11:18	10.0	11:24	11.1	04:43	-0.0	04:51	1.1	4:51	8:21		
28 Thu	11:58	9.9			05:23	0.0	05:31	1.2	4:52	8:21		
29 Fri	12:02	11.0	12:27	9.9	06:02	0.1	06:09	1.3	4:52	8:21		
30 Sat	12:40	10.9	01:15	9.8	06:39	0.2	06:47	1.4	4:53	8:21		
Tide predictions courtesy of the NOAA Center for Operational Oceanographic Products and Services												

JUL	HIGH TIDE				LOW TIDE				SUN		MOON	
	AM	Ft	PM	Ft	AM	Ft	PM	Ft	Rise	Set		
1 Sun	01:18	10.7	01:52	9.8	07:16	0.4	07:26	1.5	4:53	8:20		
2 Mon	01:56	10.5	02:31	9.7	07:54	0.5	08:05	1.6	4:54	8:20		
3 Tue	02:36	10.3	03:10	9.7	08:32	0.6	08:47	1.6	4:55	8:20		
4 Wed	03:18	10.1	03:52	9.8	09:12	0.7	09:31	1.6	4:55	8:20		
5 Thu	04:03	9.9	04:36	9.9	09:54	0.8	10:20	1.5	4:56	8:19		
6 Fri	04:52	9.8	05:24	10.1	10:40	0.9	11:13	1.3	4:57	8:19		
7 Sat	05:45	9.7	06:15	10.4	11:30	0.9			4:57	8:19		
8 Sun	06:43	9.7	07:09	10.8	12:09	0.9	12:24	0.8	4:58	8:18		
9 Mon	07:42	9.9	08:04	11.3	01:06	0.5	01:20	0.7	4:59	8:18		
10 Tue	08:41	10.2	08:59	11.8	02:04	-0.1	02:16	0.4	5:00	8:17		
11 Wed	09:38	10.6	09:54	12.3	03:01	-0.6	03:13	0.1	5:01	8:17		
12 Thu	10:33	11.0	10:48	12.7	03:56	-1.1	04:08	-0.1	5:01	8:16		
13 Fri	11:28	11.3	11:43	12.9	04:51	-1.5	05:04	-0.4	5:02	8:15		
14 Sat			12:22	11.6	05:44	-1.7	06:00	-0.5	5:03	8:15		
15 Sun	12:37	12.9	01:16	11.7	06:38	-1.5	07:56	-0.5	5:04	8:14		
16 Mon	01:33	12.7	02:11	11.6	07:32	-1.5	07:53	-0.3	5:05	8:13		
17 Tue	02:29	12.2	03:07	11.5	08:27	-1.2	08:52	-0.1	5:06	8:12		
18 Wed	03:27	11.7	04:04	11.3	09:23	-0.7	09:52	0.1	5:07	8:12		
19 Thu	04:27	11.1	05:02	11.1	10:19	-0.2	10:54	0.3	5:08	8:11		
20 Fri	05:29	10.5	06:00	10.9	11:17	0.3	11:56	0.5	5:09	8:10		
21 Sat	06:31	10.0	06:58	10.7			12:15	0.7	5:10	8:09		
22 Sun	07:33	9.7	07:54	10.7	12:56	0.6	01:12	1.0	5:11	8:08		
23 Mon	08:31	9.6	08:47	10.7	01:54	0.5	02:07	1.2	5:12	8:07		
24 Tue	09:23	9.6	09:35	10.7	02:47	0.4	02:58	1.3	5:13	8:06		
25 Wed	10:11	9.6	10:20	10.8	03:35	0.3	03:44	1.2	5:14	8:05		
26 Thu	10:54	9.7	11:01	10.8	04:19	0.3	04:27	1.2	5:15	8:04		
27 Fri	11:34	9.8	11:39	10.9	04:59	0.2	05:07	1.2	5:16	8:03		
28 Sat			12:11	9.9	05:37	0.2	05:45	1.2	5:17	8:02		
29 Sun	12:16	10.8	12:47	9.9	06:13	0.3	06:21	1.2	5:18	8:01		
30 Mon	12:53	10.8	01:22	10.0	06:48	0.3	06:58	1.2	5:19	7:59		
31 Tue	01:29	10.7	01:58	10.1	07:22	0.4	07:35	1.2	5:20	7:58		

AUG	HIGH TIDE				LOW TIDE				SUN		MOON	
	AM	Ft	PM	Ft	AM	Ft	PM	Ft	Rise	Set		
1 Wed	02:06	10.5	02:35	10.1	07:58	0.5	08:14	1.2	5:21	7:57		
2 Thu	02:46	10.3	03:14	10.2	08:36	0.6	08:57	1.1	5:22	7:56		
3 Fri	03:29	10.1	03:57	10.3	09:17	0.7	09:45	1.0	5:24	7:54		
4 Sat	04:18	9.9	04:45	10.5	10:03	0.8	10:38	0.9	5:25	7:53		
5 Sun	05:12	9.8	05:38	10.6	10:54	0.9	11:36	0.7	5:26	7:52		
6 Mon	06:11	9.7	06:36	10.9	11:51	0.9			5:27	7:50		
7 Tue	07:14	9.8	07:37	11.3	12:37	0.3	12:52	0.8	5:28	7:49		
8 Wed	08:17	10.1	08:37	11.8	01:40	-0.1	01:54	0.5	5:29	7:48		
9 Thu	09:18	10.5	09:36	12.2	02:40	-0.6	02:55	0.1	5:30	7:46		
10 Fri	10:16	11.0	10:33	12.6	03:38	-1.1	03:53	-0.3	5:32	7:45		
11 Sat	11:11	11.4	11:28	12.8	04:34	-1.5	04:49	-0.6	5:33	7:43		
12 Sun			12:04	11.8	05:27	-1.7	05:44	-0.8	5:34	7:42		
13 Mon	12:22	12.8	12:56	11.9	06:19	-1.6	06:39	-0.8	5:35	7:40		
14 Tue	01:16	12.6	01:48	11.9	07:11	-1.4	07:34	-0.7	5:36	7:39		
15 Wed	02:10	12.1	02:41	11.7	08:03	-1.0	08:29	-0.4	5:37	7:37		
16 Thu	03:05	11.5	03:34	11.4	08:55	-0.4	09:26	-0.0	5:38	7:36		
17 Fri	04:02	10.8	04:29	11.0	09:49	0.2	10:24	0.3	5:40	7:34		
18 Sat	05:01	10.1	05:26	10.6	10:45	0.8	11:24	0.6	5:41	7:32		
19 Sun	06:02	9.6	06:24	10.3	11:43	1.2			5:42	7:31		
20 Mon	07:03	9.3	07:22	10.2	12:25	0.8	12:41	1.5	5:43	7:29		
21 Tue	08:01	9.2	08:17	10.2	01:23	0.9	01:38	1.6	5:44	7:28		
22 Wed	08:55	9.3	09:07	10.3	02:17	0.8	02:30	1.5	5:45	7:26		
23 Thu	09:43	9.4	09:53	10.5	03:06	0.6	03:17	1.3	5:46	7:24		
24 Fri	10:26	9.7	10:35	10.7	03:50	0.5	04:01	1.1	5:48	7:22		
25 Sat	11:05	9.9	11:14	10.8	04:30	0.3	04:40	1.0	5:49	7:21		
26 Sun	11:41	10.1	11:50	10.9	05:07	0.2	05:18	0.9	5:50	7:19		
27 Mon			12:15	10.2	05:42	0.2	05:53	0.8	5:51	7:17		
28 Tue	12:26	10.8	12:49	10.4	06:16	0.2	06:29	0.7	5:52	7:16		
29 Wed	01:01	10.8	01:24	10.5	06:50	0.3	07:06	0.7	5:53	7:14		
30 Thu	01:38	10.7	02:00	10.6	07:25	0.3	07:45	0.6	5:55	7:12		
31 Fri	02:18	10.5	02:40	10.7	08:03	0.5	08:28	0.6	5:56	7:10		

2018

Quietside Trail Map

Covering the Western side of  
Mt. Desert Island and Acadia National Park

Hiking, Cycling, & Ski Trails

Public Restrooms

Parking Areas

Island Explorer Bus Stops

Swimming Areas & Boat Launches

Tides Tables

Sunrise, Sunset, & Phases of the Moon

Visitor Information Centers

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15 KNOX ROAD BAR



HIKING TRAILS

Trails marked on the map as easy are walkable with no climbing. Those marked as strenuous contain significant climbs.

1. Ship Harbor Nature – 1.3 mile loop

2. Wonderland – 1.4 mile loop

3. Cold Brook – 0.4 miles

From Pumping Station parking 0.4 to Gilley Field parking.

4. Long Pond – 2.9 miles

From Pumping Station parking 0.2 to Trail 19, then 2.7 to Trail 25.

5. Valley – 1.5 miles

From Pumping Station parking 0.7 to Trail 6, then 0.6 to Trail 9, then 0.2 to Beech Mtn parking.

6. Beech Mtn South Ridge – 0.8 miles

From Trail 5 0.8 to summit.

7. Beech Mtn – 1.1 mile loop

From Beech Mtn parking 0.6 to Trail 8, then 0.1 to summit, then 0.4 back to parking (via south fork).

8. Beech Mtn West Ridge – 1.0 mile

From Pumping Station parking 0.9 to Trail 7 (then 0.1 to summit via Trail 7).

9. Canada Cliff – 0.8 miles

From Trail 5 0.2 to Trail 10, then 0.6 to Trail 11.

10. Lower Canada Cliff – 0.6 miles

From Echo Lake parking 0.6 to Trail 9.

11. Beech Cliff Ladder – 0.4 miles

From Echo Lake parking 0.4 to Trail 9.

12. Beech Cliff Loop – 0.6 mile loop

13. Ledge – 0.6 miles

From St Sauveur Mtn parking 0.6 to Trail 14 (then 0.2 to summit via Trail 14).

14. St. Sauveur Mtn – 1.9 miles

From Acadia Mtn parking 0.9 to Trail 13, then 0.5 to summit, then 0.5 to Trail 17.

15. Flying Mtn | Valley Cove – 1.9 miles

From Fernald Cove parking 0.3 to summit, then 0.6 to Road H, then 1.0 to Trail 16/17.

16. Acadia Mtn – 2.0 miles

From Acadia Mtn parking 0.1 to Trail 14, then 0.2 to Trail 18, then 0.7 to summit, then 1.0 to Trail 15/17.

17. Valley Peak – 1.5 miles

From Road H 0.4 to summit, then 0.3 to St. Sauveur summit connector, then 0.8 to Trails 15/16 and 18.

18. Man o' War Brook – 1.0 miles

From Rt 102 by Gate 0.1 to Trail 16, then 0.9 to Trails 15/16 and 17.

19. Perpendicular – 1.0 mile

From Trail 4 0.9 to summit, then 0.1 to Trail 22.

20. Razorback – 1.0 mile

From Trail 25 0.8 to Mansell summit connector, then 0.2 to Great Notch.

21. Sluiceway – 0.9 miles

From Mill Field parking 0.4 to Trail 25 connector, then 0.5 to Trail 24.

22. Mansell Mtn – 0.9 miles

From Gilley Field parking 0.9 to summit.

23. West Ledge – 0.9 miles

From Road D 0.9 to Trail 24.

24. Bernard Mtn – 2.2 miles

From Mill Field parking 1.0 to Trail 23, then 0.5 to summit, then 0.2 to Little Notch, then 0.5 to Great Notch.

25. Great Notch | Gilley – 2.6 miles

From Long Pond Fire Rd parking, 1.1 to Trail 4, then 0.4 to Great Notch, then 0.5 to Trail 21, then 0.6 to Gilley Field parking.

FIRE ROADS

All are open for hiking, cycling, and can be skied when snow covered. Some are open to cars, but have little traffic except for C. Hiking is generally easy; cycling is easy to moderate with some hills and uneven surfaces.

- A. Hio – 2.0 miles

From Rt 102 2.0 to Seawall Campground.

B. Marshall Brook – 1.3 miles

From Road C 1.3 to Marshall Brook.

C. Seal Cove – 2.5 miles (cars)

From Tremont Road 0.6 to Road D connector, then 1.2 to Heath Brook Rd, then 0.7 to gate at start of pavement.

D. Western Mountain – 2.8 miles (cars)

From Seal Cove Pond parking 0.3 to Trail 23, then 0.4 to Road C connector, then 0.9 to Heath Brook Rd, then 1.2 to Gilley Field parking.

E. Lurvey Spring – 1.2 miles (cars)

From Long Pond Rd 1.2 to Echo Lake entry road (then 0.3 to Echo Lake parking).

F. Long Pond – 4.3 miles (cars)

From Pretty Marsh Picnic Area parking 0.1 to start of road, then 1.7 to Long Pond access, then 1.6 to Trail 25, then 0.8 to Hodgdon Rd, then 0.1 to Tremont Rd.

G. Western Mtn Connector – 0.8 miles

From Gilley Field parking 0.8 to Long Pond Rd.

H. Valley Cove – 0.5 miles

From Fernald Cove parking 0.1 to Trail 17, then 0.4 to Trail 15.

CARRIAGE ROADS

The carriage roads in the park are open for hiking, cycling and can be skied when snow covered. None are open to cars, but most are open to horses. Cyclists should yield to hikers and horses, and hikers should yield to horses. The private carriage roads are not open for cycling.

Unlike other trails and roads, the carriage roads are unnamed. Instead, the intersections are numbered. Plan a trip by noting the sequence of intersection numbers to visit. At each intersection, signs point to an array of destinations. The key below tells you the next intersection you'll come to if you follow the sign to a particular destination. The descriptions in the key assume you are traveling from the first intersection to the second.

<b>Brown Mtn Gate to 18</b> – 2 miles		
	Moderate uphill	↖ NE Harbor
<b>4 to 6</b> – 1.1 miles		
Eagle Lake ↖	Relatively flat	↖ Hulls Cove
<b>6 to 9</b> – .1 mile		
NE Harbor ↖	Relatively flat	↖ Bar Harbor
<b>8 to 9</b> – 1.9 miles		
Hulls Cove ↖	Big downhill then relatively flat	↖ NE Harbor
<b>8 to 10</b> – .1 miles		
NE Harbor ↖	Moderate uphill	↖ Duck Brook
<b>9 to 11</b> – 2.4 miles		
Hadlock Pond ↖	Quite hilly	↖ Bar Harbor
<b>10 to 11</b> – 1.1 miles		
Aunt Betty Pond ↖	Very big downhill	↖ Seal Harbor
<b>10 to 12</b> – 3.6 miles		
NE Harbor ↖	Very big uphill then long downhill	↖ Jordan Pond House
<b>10 to 14</b> – 2.0 miles		
Seal Harbor ↖	A little hilly	↖ Eagle Lake
<b>11 to 13</b> – 3.3 miles		
Hadlock Pond ↖	Quite hilly	↖ Aunt Betty Pond
<b>12 to 13</b> – .3 miles		
Hadlock Pond ↖	Moderate downhill	↖ Jordan Pond
<b>12 to 19</b> – 1.8 miles		
Seal Harbor ↖	A little climb then a long downhill	↖ Eagle Lake
<b>13 to 18</b> – 1.7 miles		
NE Harbor ↖	Moderate downhill then relatively flat	↖ Hadlock Pond
<b>14 to 15</b> – 2 miles		
Seal Harbor ↖	A little downhill	↖ Bar Harbor
<b>14 to 21</b> – 1.0 miles		
NE Harbor ↖	Quite hilly	↖ Jordan Pond House
<b>15 to 16</b> – 2 miles		
Seal Harbor ↖	Relatively flat	↖ Jordan Stream
<b>15 to 23</b> – .6 miles		
Jordan Stream ↖	Moderate downhill	↖ JPH via Stream
<b>18 to 19</b> – 2 miles		
Seal Harbor ↖	Moderate uphill	↖ NE Harbor
<b>19 to 20</b> – .8 miles		
Jordan Pond House ↖	A little uphill	↖ NE Harbor
<b>20 to 21</b> – 1.3 miles		
Amphitheater ↖	Quite hilly	↖ Around Mtn
<b>20 to 22</b> – 1.2 miles		
Little Harbor Brook ↖	Big downhill then a short uphill	↖ NE Harbor
<b>21 to 22</b> – .4 miles		
Gardner Hill ↖	Big downhill then relatively flat	↖ Amphitheater
<b>23 to 25</b> – 2 miles		
Bar Harbor ↖	Moderate uphill	↖ NE Harbor

The *Quietside Trail Map* is a collaboration of the Southwest Harbor & Tremont Chamber of Commerce and the GIS Lab at the College of the Atlantic. It is made possible financially by the advertisers on the back of the map. Please thank them for their support if you find this map useful. Comments may be sent to Alan@AnnsPoint.com.

Mount Desert Island

Quietside Trails

- Easy

Moderate

Strenuous

Carriage Road

Private Carriage Road

Fire Road

Acadia National Park

Parks and Preserves

Visitor Information Center
- Parking

Island Explorer Stop

Public Rest Room

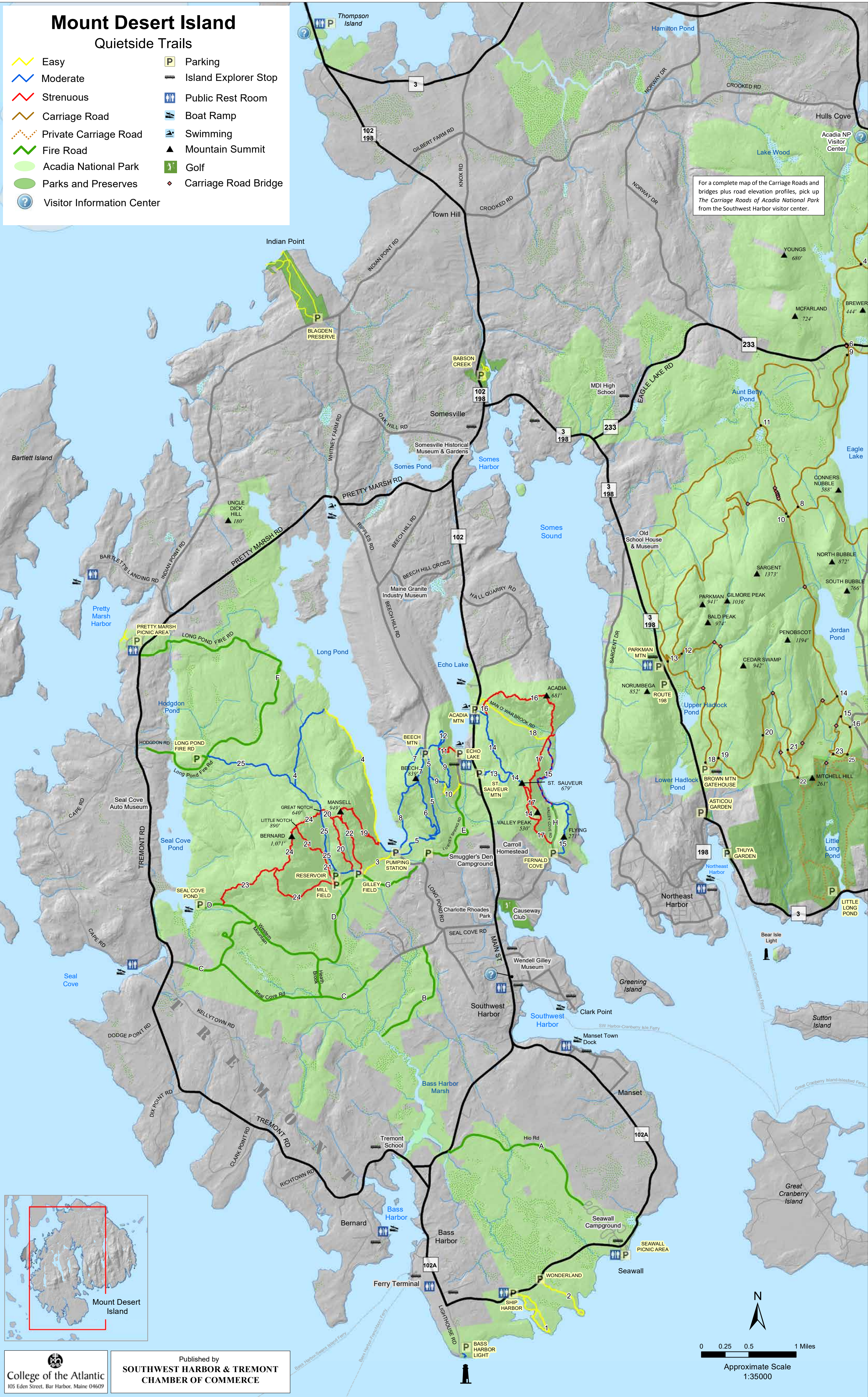
Boat Ramp

Swimming

Mountain Summit

Golf

Carriage Road Bridge



College of the Atlantic

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